

Summary of Secondary Research

METRICS	SOURCE	DATE OF SOURCE	LINK
DIET			
U.S. fish consumption for fish with highest DHA levels	Fresh Look Marketing	52 weeks ending January 23, 2011	http://www.freshlookmarketing.com/
Retail sales of DHA-fortified foods, beverages and supplements	Information Resources Inc. (IRI)	52 weeks ending December 31, 2010	http://www.symphony.com
Consumed five or more fruit/vegetable servings daily	CDC/BRFSS	2009	http://apps.nccd.cdc.gov/BRFSS/list.asp?cat=RV&yr=2009&qkey=4415&state=All
Percent ever breastfed	Breastfeeding Report Card, United States: Centers for Disease Control and Prevention. Provisional Data - National Immunization Survey, 2007 Births.)	2010 publication (2007 data)	http://www.cdc.gov/breastfeeding/pdf/BreastfeedingReportCard2010.pdf
PHYSICAL			
Cardiovascular death rates	CDC/Wonder data	2010	http://www.americashealthrankings.org/measure/2010/CVD.aspx
Have you ever been told by a doctor that you have diabetes?	CDC/BRFSS	2009	http://apps.nccd.cdc.gov/BRFSS/list.asp?cat=DB&yr=2009&qkey=1363&state=All
Participated in physical activity during the past month	CDC/BRFSS	2009	http://apps.nccd.cdc.gov/brfss/list.asp?cat=EX&yr=2009&qkey=4347&state=All
Time spent sleeping daily	American Time Use Survey (Bureau of Labor Statistics)	2005-2009	http://www.bls.gov/tus/
Do you have any kind of health care coverage?	CDC/BRFSS	2009	http://apps.nccd.cdc.gov/brfss/list.asp?cat=HC&yr=2009&qkey=868&state=All
Adults who are current smokers	CDC/BRFSS	2009	http://apps.nccd.cdc.gov/BRFSS/list.asp?cat=TU&yr=2009&qkey=4396&state=All
Neither overweight nor obese	CDC/BRFSS	2009	http://apps.nccd.cdc.gov/BRFSS/list.asp?cat=OB&yr=2009&qkey=4409&state=All
MENTAL			
Psychological			
Serious psychological distress in past year (nonspecific and more inclusive than major depressive episode: "meeting criteria for psychological distress "indicates that the respondent exhibited a high level of distress due to any type of mental problem"; see "K6 Scale" tab for how SPD is gauged)	SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health	2005-2006	http://www.oas.samhsa.gov/2k6/State/AppC.htm#TabC-23
Poor mental health days (the average number of days in the previous 30 days that a person could not perform work or household tasks due to mental illness)	CDC/BRFSS	2010	http://www.americashealthrankings.org/Measure/2010/List%20All/Poor%20Mental%20Health%20Days.aspx
Neurological			
Alzheimer's disease death rates	CDC	2007	http://www.cdc.gov/nchs/data/nvsr/nvsr58/nvsr58_19.pdf
Alzheimer's prevalence by states	2010 Alzheimer's Disease Facts and Figures (Alzheimer's Association)	2010 publication (2006 data)	http://www.alz.org/documents_custom/report_alzfactsfigures2010.pdf
Education State Rankings	CQ Press Education State Rankings	2010-2011	http://www.cqpress.com/product/Education-State-Rankings-2010-2011.html
Time spent playing games daily (Examples: playing board games/Scrabble/cards, playing computer games/playing games over the Internet, working jigsaw puzzles/crossword puzzles)	American Time Use Survey (Bureau of Labor Statistics)	2005-2009	http://www.bls.gov/tus/
Time spent reading for personal interest daily (Examples: reading a magazine/book/newspaper, listening to books on tape, being read to, doing research)	American Time Use Survey (Bureau of Labor Statistics)	2005-2009	http://www.bls.gov/tus/
SOCIAL			
Civic Life Index : (Combines voting, volunteering, work with neighbors, and participation in a group)	Corporation for National and Community Service (U.S. government) (analysis of	2010	http://civic.serve.gov/
Time spent on religious or spiritual activities daily	American Time Use Survey (Bureau of Labor Statistics)	2005-2009	http://www.bls.gov/tus/
"How often do you get the social and emotional support you need?" Always/Usually/Sometimes/Rarely/Never	CDC/BRFSS	2009	http://www.cdc.gov/brfss/technical_infodata/surveydata/2009.htm